

# Holbrook Heights Community Pool



We are pleased to announce to you that summer swim lessons are back and this year we have a coach with over 13 years of coaching experience. Matt Struempf will be in charge of running small group lessons, swim practice and private lessons. He will be bringing his knowledge to help your child improve stroke technique, gain endurance in the pool, swim all 4 strokes correctly, and make your young ones water safe. As a swimmer Coach Matt has achieved many high point awards, all American certificates and many team titles. He has worked with kids from ages 2 years old to 18 years of age. As a coach and swim instructor, he has run 3 highly competitive swim teams in the area that has produced swimmers who are ranked as some of the best swimmers in the state. His goal each summer is to change your child's stroke, so he/she can become a well-rounded swimmer. Below you will find some information about the programs with times and schedules. **Thank you and come join the fun this summer.**

There is a 4-kid limit for group lessons (group lessons are only for children that can swim)  
We will run groups every 30 minutes for 4 consecutive days. (Monday-Thursday)  
The cost will be \$60 a session upfront. (\$12.50 a lesson)

Private lessons will be on Fridays during the spring and will cost  
\$20 for 20 minutes and \$30 for 30 minutes (1 PM-6 PM)

Here are the names and appropriate ages for each group:

***Baby sharks group (3-5 years of age.)***

***This program is for first time swimmers who need to become water safe.***

***Tiger Sharks (ages 5-8)***

***This group is water safe and needs a lot instruction for all 4 strokes.***

***Hammer Head Group (Ages 9-12)***

***This group has some swim instruction and will need to work on endurance and correct stroke technique.***

***Great White (Ages 11 and up)***

***This group is for kids who have been on a swim team before or have had many years of swim instruction.***

**There will be 3 weeks of after school sessions for your child.**

**Session 1 Tuesday May 27<sup>th</sup> -Thursday May 30<sup>th</sup>**

2:00—2:30PM (Baby Shark Group)  
2:30—3:00 PM (Baby Shark Group)  
3:00-3:30 PM (Baby shark Group)  
3:30-4:00PM (Tiger Shark Group)  
4:00-4:30PM (Tiger Shark Group)  
4:30-5:00PM (Hammerhead and Great White group)  
5:00-5:30PM (Hammerhead and great White Group)  
5:30-6:00PM (Open)

**Session 2 Monday June 2<sup>nd</sup>-Thursday June 5<sup>th</sup>**

- 2:00—2:30PM (Baby Shark Group)
- 2:40—3:10 PM (Baby Shark Group)
- 3:00-3:30 PM (Baby shark Group)
- 3:30-4:00PM (Tiger Shark Group)
- 4:00-4:30PM (Tiger Shark Group)
- 4:30-5:00PM (Hammerhead and Great White group)
- 5:00-5:30PM (Hammerhead and great White Group)
- 5:30-6:00PM (Open)

**Session 3 Monday June 9<sup>th</sup>-Thursday June 12<sup>th</sup>**

- 2:00—2:30PM (Baby Shark Group)
- 2:40—3:10 PM (Baby Shark Group)
- 3:00-3:30 PM (Baby shark Group or Tiger Shark)
- 3:30-4:00PM (Tiger Shark Group)
- 4:00-4:30PM (Tiger Shark Group)
- 4:30-5:00PM (Hammerhead and Great White group)
- 5:00-5:30PM (Hammerhead and great White Group)
- 5:30-6:00PM (Open)

Call Matt Struempf **(925-451-4687)** for scheduling and any questions you may have about the group lessons. ***Thank you and I look forward to making your kid a better swimmer.***

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Session: 1    2    3 (circle one)

Time: \_\_\_\_\_

	Childs Name	Parents Name	Phone #
1)	_____	_____	_____
2)	_____	_____	_____
3)	_____	_____	_____
4)	_____	_____	_____

\_\_\_\_\_  
Parent/Guardian Signature

Payments to: **Holbrook Heights Community Association**  
Payments mailed to: **Jean Bates & Associates, PO Box 669, Danville, CA 94526**